

## **Carer Groups in Exeter and East Devon**

### Exeter

Tracey Adams, Learning Disability Carers Worker, runs carers groups in the Exeter area.

Contact Tracey at Exeter CVS, Wat Tyler House, King William Street, Exeter, EX4 6PD.

Tel: 01392 202055

e-mail: [tracey.adams@exetercvs.org.uk](mailto:tracey.adams@exetercvs.org.uk)

### Exeter and District Mencap

Contact: Anne Brand

*“The Mencap telephone Number is 01392 494694*

*We offer support to all families and carers who have a person with a learning disability. Membership costs £5 a year for the whole family. For this they receive three newsletters a year. We also hold meetings on topics of interest throughout the year and support individual needs as they arise.*

*We also hold a holiday fund.”*

### East Devon

Tracey Adams, Learning Disability Carers Worker, also runs Carer Support Groups in the East Devon area.

Contact Tracey as above.