



# Fire safety advice





www.dsfire.gov.uk

#### Aim of this booklet



This booklet has been designed to give you important fire safety tips and information.



It is not meant to scare you. It has been made to keep you safe.



The fire service will always be there to help you in an emergency.



Remember if a fire starts in your home or centre you must: Get out, stay out, call 999 and ask for the fire service

### Fire safety when cooking



Take care when frying foods in oil. If you do use oil do not over fill your pan.



Do not leave tea towels or dish cloths close to the oven when on as they could catch on fire.



Always stay in the kitchen when cooking. If the doorbell or phone goes, turn off the heat on your cooker before going to answer.



Cooking is dangerous when you've been drinking alcohol. Choose a sandwich or cold snack instead.



Do not put water on an oil fire as this is very dangerous. Turn off the gas/electric, close the door and call 999.

### Fire safety around electrics



You must not overload plugs and sockets. It is safer to put one plug in one socket.

# Fire safety for smokers



Always make sure that you have put your cigarette out properly.



Keep electrics away from water. For example do not put vases on top of televisions or pets drinking bowls near plug points.



Do not empty your hot ash onto rubbish that could catch on fire in your bin.



Do not dry clothes on or over heaters or fires. If you have to dry your clothes indoors; keep them away from things that get hot.



Have your last cigarette downstairs before you go to bed. Do not smoke in bed as you could accidentally start a fire when sleepy.



Keep matches and lighters away from children.

# **Candle safety**



Be careful when using tea light candles as the case they are in gets very hot.



When using tea lights always make sure they are in a fire proof holder.

# Night time routines

Before you go to bed each night it is important to go through your night time routine:



close all doors



unplug electrical items (not your fridge or freezer)



Stay in the room when you have lit candles. Do not leave them unattended. Blow them out when you leave the room or go to bed.



make sure candles and cigarettes have been put out



Always make sure that lit candles are away from materials that could catch on fire; for example curtains.



take your mobile phone and keys up to your bedroom so you can call for help and leave the house quickly in an emergency.

### Importance of smoke alarms



It is important that you have working smoke alarms in your house.



These should be tested once a week.



If you do not have a smoke alarm we can fit one for free for you.



Call 0800 73 11 822 to ask if the fire service can come and fit one for you. It is okay to ask the fitter to see their I.D!



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