





Name:

## What I want to happen in my life – my goals

 The logo features a circular purple border with the text "Community Life" in white. Inside the circle, there is an illustration of a group of people, including a person in a wheelchair, standing in front of a church building with a steeple and a tree.	<p>People with disabilities and their families/carers have told us they want to be as independent as possible and be supported by their family and friends to live life in their community.</p>
 A photograph of a woman with dark hair, wearing a black and white striped long-sleeved shirt, pointing her right index finger towards the right.	<p>People need to be supported to be as independent as possible.</p>
 A profile photograph of a man wearing a dark jacket and a grey baseball cap. A white speech bubble is positioned next to his mouth, pointing towards the right.	<p><b>What people have told us is important to them</b></p>
 A photograph of a two-story red brick house with a white front door, a chimney, and several windows.	<p><b>Housing</b> People have told us they want their own home and to live close to their friends and family.</p>

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### Employment

People have told us they want a paid job so that they can support themselves to do the things they want.



### Community Life

People have told us they want to be accepted for who they are and to be able to get involved in their community. They want to make friendships and relationship like everyone else.



### Health

People have told us that they want to be understood and to be able to access health and care services when they need to.

Name:

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When you are thinking about your future goals and independence its important to think about all these things whether you are a young person or an adult.



### **Home**

You will need to think about where you want to live, you may want to live on your own or share with other people and what support you may need to be as independent as possible.







### **Community Life**

Being able to get involved in your community is really important to your independence. Being able to meet up with friends and family, join local groups and make new friends. Think about what you need, want from your community and what it has to offer you.




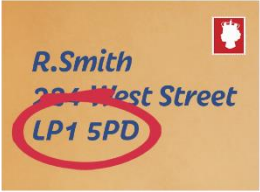
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	<p><b>Transport</b> Is there good public transport where you want to live so you can get about to appointments or to meet friends, go to college or get to work.</p>
	<p><b>Work</b> You will need to think about what type of work you want to do and if you need to go to college to get any qualifications. Find out if you are entitled to any support to help you find and keep a job.</p>
	<p><b>Health</b> It is important to think about your health needs and how you can manage your health. What health services are available where you live or want to live and if it will be easy to access the services you need.</p>
	<p><b>Money</b> Knowing how much money you have and how to manage it.</p>


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	<p>At the bottom of the page there is an activity you can do to help you think about what you would like to happen in your life (your goals) and how you can make them happen. You could get a family member or friend to help you.</p>
	<p>You can print the activity sheet off and fill it in or we can post you a copy.</p>
	<p>If you would like us to send you a copy of the activity sheet please write to us at the address below. Telling us what your address is. We will not share your address with anyone.</p>
	<p>Devon Learning Disability Partnership Board County Hall Topsham Road Exeter Devon EX2 4QD</p>

Name:


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Goals - what I want to happen in my life.



Ideas about how I can make my goals happen.



Actions – things I could do to make my goals happen.




Done





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Goals - what I want to happen in my life



Ideas about how I can make my goals happen.



Actions – things I could do to make my goals happen



Done