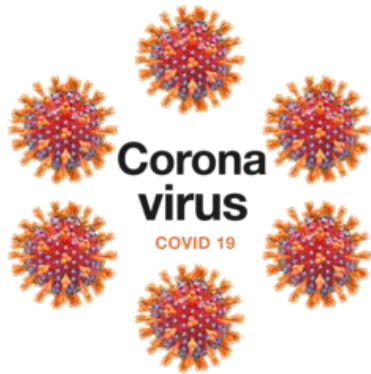
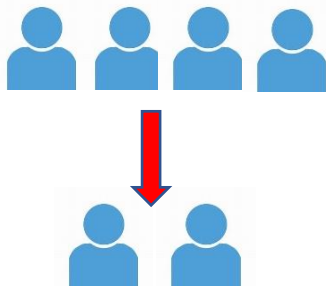


Information for people who receive Reablement services from Devon County Council



There has been a lot of information in the news about Coronavirus. Coronavirus is a flu like illness.



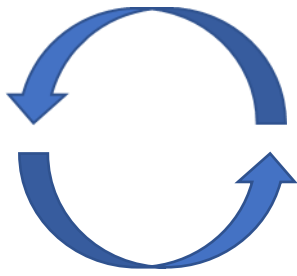
The spread of Coronavirus may mean there are less staff able to make visits.



If this happens we may not be able to provide full services to everyone and we will need to prioritise the most vulnerable people.



We already do this for short amounts of time in the winter when people can't travel because of snow.



Change

This may mean we may not be able to provide you with all the visits you were expecting.

or

We may need to end your reablement service early.



Things you can do to help us.



- Talk to friends, relatives and neighbours to arrange support that you may need. to help you.








- If you need help with shopping or collecting medicine or tablets

Make sure you have extra food or medicines and tablets you need to last you between help available from friends, family and neighbours.



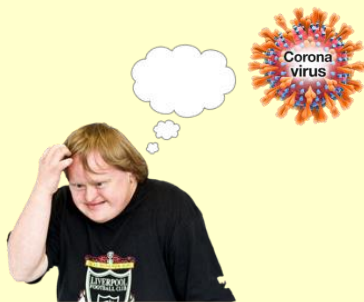
To help stop coronavirus from spreading. Please do not invite visitors to your home during a visit.

	<p>You must stay at home.</p> <p>You should only leave your home for one of these reasons:</p>
	<p>1. Shopping for the things you need to live.</p> <p>This means food and medicines.</p>
	<p>2. One type of exercise a day.</p> <p>This could be a walk, a bicycle ride or a run.</p> <p>You must do this on your own or with someone from your household.</p>
	<p>3. To care for a vulnerable person.</p>
	<p>4. Travelling to and from work.</p> <p>This is only for people who cannot work from home.</p>



If you have access to the internet you can click on the link below to read the full easy read information about Staying at home.

[Information about staying at home.](#)



**What to do if you think you have symptoms of Coronavirus:
A cough, temperature, not being able to breathe like usual.**



you must stay at home for 7 days from when you started to feel unwell.



7 days

If you live with other people and you are the first person in the house to have symptoms you must stay at home for 7 days.



14 days

All other people living in the house who stay well must stay and not leave the house for 14 days from the day the first person became ill.



What to do if;

- you feel you cannot cope with your symptoms at home or
- you feel worse or
- you do not get better after 7 days



If you have access to the internet you can use the NHS 111 online coronavirus service.

[Click here to access the service](#)



Or you can telephone NHS 111.








If you think you may have Coronavirus we will do all we can to make sure you get the care you need to stay as safe and well as possible.



Staff will be following infection control guidance when providing personal care.

Infection control is when staff keep you and them safe, this may be wearing gloves, face mask or other things to help stop the virus spreading.

	<p>When staff visit you they should wash their hands more, including when they arrive at your home and before they leave.</p>
	<p>Washing your own hands more often will help keep you safe.</p>
	<p>Use a tissue for coughs and bin it.</p>
	<p>Don't touch your face or eyes with your hands.</p>
	<p>We would like to thank you for understanding and supporting your care provider during this time.</p>



If you are worried about anything you can contact your care provider.

or



You can telephone Devon County Council's Care Direct Team on 0345 155 1007.