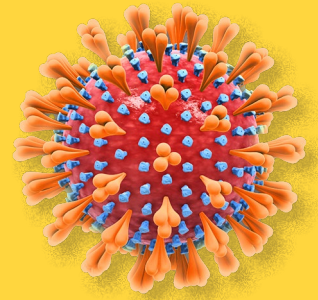


Coronavirus Shielding



Some people are **Extremely Vulnerable** and coronavirus could kill them.

The NHS sent letters to these people about **Shielding**.

If you are shielding



Stay home for 12 weeks on your own.



Talk to carers, family or friends. You will need support.



If you do not have support phone
0800 028 8327



If you feel ill stay home
Get advice from NHS 111
DO NOT go to your GP
pharmacy or hospital