















Adult Social Care jargon buster

This list has been written to help you understand jargon and abbreviations (words that have been shortened to their initials) used in Adult Social Care.

 	<p>Advocate</p>	<p>An advocate helps people to speak up on important issues. They can also speak on behalf of person if they have said this is okay.</p> <p>Advocates can explain options and consequences to choices. They cannot give advice or tell a person what to do.</p>
 	<p>Adult Social Care or ASC</p>	<p>Adult Social Care or ASC for short aims to help people to live as independently as they want and can.</p> <p>This includes Autistic people, people with learning disabilities, older frailer people, people with physical disabilities as well as the people who care for them.</p>
	<p>Allocated</p>	<p>Allocated means assigned or budgeted for. For example: people can be allocated a team to support them; funding can be allocated to different projects.</p>

	<p>Budget</p>	<p>A budget is an amount of money to spend on something.</p> <p>Councils have a set budget to spend on services.</p> <p>People can write a budget to help them plan what they spend their money on each week.</p>
	<p>Commissioner</p>	<p>Commissioners buy in services. See commissioning below.</p>
	<p>Commissioning</p>	<p>The process of planning, agreeing, and checking services.</p>
	<p>Confidential</p>	<p>Keeping something confidential means only sharing information with people who need to know it.</p> <p>Confidentiality can be broken if someone is at risk of harm to themselves or someone else.</p>

	<p>Goals</p>	<p>A goal is something you would like to achieve. These are not to be confused with football goals!</p>
	<p>One Devon</p>	<p>One Devon is a partnership between the NHS and local councils, as well as a wide range of other organisations, who are working together to improve the lives of people in Devon.</p>
	<p>Pledge</p>	<p>A pledge is another name for a promise. People can pledge their time or support for a project.</p> <p>A pledge can also be promising to do something by a set time.</p>
	<p>Service users</p>	<p>Service users is name given to people who use services.</p>
	<p>Strategy</p>	<p>A strategy is a plan to achieve set aims and goals.</p>

 	<p>TEC</p>	<p>TEC is short for Tech Enabled Care.</p> <p>TEC is technology that can help people live more independently in their own home.</p>
 	<p>Transparent</p>	<p>Transparent means you can see through something.</p> <p>If a council document says it wants to be transparent it means open and honest with you.</p>

Created by Devon County Council's Involvement and Equality Team October 2022
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