














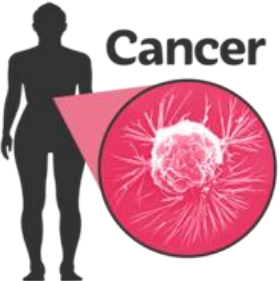

## Health jargon buster




This list has been written to help you understand health jargon and abbreviations (words that have been shortened to their initials).

	<p>B.A.M.E</p>	<p>B.A.M.E is short for Black Asian and Minority Ethnic. You may also see the term ethnically diverse.</p>
	<p>CAMHS</p>	<p>CAMHS is short for Child and Adolescent Mental Health Services.</p>
	<p>Commissioners</p>	<p>Commissioners buy in services. See commissioning below.</p>
	<p>Commissioning</p>	<p>The process of planning, agreeing and checking services.</p>

	<p>Confidential</p>	<p>Keeping something confidential means only sharing information with people who need to know it.</p> <p>Confidentiality can be broken if someone is at risk of harm to themselves or someone else.</p>
	<p>Constipated or constipation</p>	<p>Constipated means unable to poo. If you suffer from constipation and have not been for a poo in three days, you must talk to your doctor.</p>
	<p>EOL</p>	<p>EOL is short for end of life. This term is used for people who are very ill and will die within a year.</p>
	<p>FFT</p>	<p>FFT is short for Friends and Family Test. Hospitals ask patients, family members and carers to fill in FFT forms to get feedback on how hospital stays have been.</p>

	<p>LGBTQ+</p>	<p>LGBT+ is short for Lesbian, Gay, Bisexual and Transgender. The Q stands for Questioning – people who are unsure about their gender. The + represents other sexual identities.</p>
	<p>LPS</p>	<p>LPS is short for Liberty Protection Safeguards. They are part of the Mental Capacity Act.</p> <p>Liberty Protection Safeguards look after people over the age of 16 who have had their freedom taken away:</p> <ul style="list-style-type: none"> <li>• To give them care and treatment</li> <li>• Because they lack capacity and are unable to make decisions for themselves</li> </ul>
	<p>NHS England</p>	<p>NHS England provide leadership for the NHS (National Health Service). They work with NHS organisations to deliver better health outcomes for patients and communities.</p>

	<p>Reasonable adjustments</p>	<p>Reasonable adjustments are small changes health professionals can put in place to make it easier to get care and treatment. For example: double appointments and easy read information.</p>
	<p>SALT</p>	<p>SALT is short for Speech and Language Therapist. SALTs work with people who have difficulties with speaking, eating, drinking and swallowing.</p>
	<p>Screenings</p>	<p>Screenings are tests that men and women have when they reach a certain age. They involve checking inside the body to ensure parts doctors and nurses cannot see are healthy and free from cancer.</p>
	<p>TEP</p>	<p>TEP is short for Treatment Escalation Form. These forms are filled in by patients and their doctors. The form encourages you to talk about the treatments you would or would not like if you become very poorly in hospital.</p>

	<p>Transforming Care</p>	<p>Transforming Care is all about improving health and care services. This is to support Autistic people or people with learning disabilities to live in the community with the right support, close to home.</p>
	<p>Triaged</p>	<p>Being triaged is a quick check to see if your condition is life threatening or severe. Triage staff need to prioritise the order in which patients are seen by doctors.</p> <p>People with worse conditions would be seen before someone whose injuries or conditions were not as bad or life threatening.</p>
	<p>Vaccination</p>	<p>A vaccination is a treatment given by injection. The vaccine gives you protection against a disease or virus. For example: flu jabs and COVID boosters.</p>